



Contact Information

If you have benefit questions:

1. Call the plan provider (Express Scripts, EAP, Delta Dental, Davis Vision, PetPartners)
2. Call Quantum Health for medical, prescription, EAP or well-being questions: 1-855-497-1237 (Monday-Friday; 8:30 a.m. to 10 p.m. ET).

If you need a new ID Card, please contact Quantum Health directly. Please see the full listing below.

Quantum Health

Medical, prescription, EAP or well-being questions and ID cards: 1-855-497-1237

www.myhealthpcusa.org

(Monday-Friday; 8:30 a.m. to 10 p.m. ET)

Call to Health

WebMD Customer Service: 1-888-935-5228 or webmdhealth.com/ContactUs

Registration for Call to Health can be done when medical and prescription coverage is effective:

www.calltohealth.org

Wellness At Your Side app (Once registered, download from the Apple or Google app store and enter code boardofpensions)

Dental Coverage

Delta Dental: 1-800-932-0783

www.deltadentalins.com

You don't need a Delta Dental ID card when you visit the dentist. Just provide your name, birth date and enrollee ID or Social Security number. If your family members are covered under your plan, they'll need your information. Prefer to have an ID card? Simply log in to your account to view or print your card.

Spring Health Employee Assistance Plan (EAP)

For Immediate Crisis Support: **1-844-931-4465** and select option 2 for crisis support.

If you're enrolled in the PPO, EPO, or HDHP medical plan with PSL, visit

care.springhealth.com/sign_in to create and activate your Spring Health account by clicking the "Create Account" button. Or call Spring Health at 844-931-4465. Team member medical ID cards include the Spring Health phone number and website.

If you do not have medical coverage with PSL you are still eligible for PSL's EAP. To create a Spring Health account and use the EAP benefit call Spring Health at 844-931-4465 and use the code "BOP".

HealthEquity Health Savings Account

1-866-346-5800, learn.healthequity.com/bop

Medical Coverage

Quantum Health Member Services:

1-855-497-1237, www.myqhealthpcusa.org

Teladoc Health: 1-800-835-2362,

www.teladoc.com/enter

Eye Exam Benefit

(included with medical coverage)

VSP: 1-800-877-7195, www.vsp.com or vsp.com/choice (to locate VSP providers)

Pet Insurance – PetPartners

1-800-956-2495, www.petpartners.com

Email: mypolicy@petpartners.com

Prescription Drug Coverage

Express Scripts by Evernorth: 1-800-344-3896

www.express-scripts.com

Specialty Medications (Accredo): 1-800-803-2523

Prudential Life AD&D

Prudential: 1-800-842-1718

www.prudential.com/mybenefits

Employer ID (Control Number): 53307

Retirement Program

Conrad Siegel Actuaries

1-800-577-3675, www.myconradsiegel.com

Retirement questions hotline: 717-502-8857

Vision Coverage

Davis Vision: 1-877-923-2847, www.davisvision.com

For information prior to enrolling use the client code 7055.

Voluntary Short-Term Disability Coverage

(non-exempt full-time participants)

Prudential: To initiate a VSTD claim call:

1-800-842-1718. Company control number 53307.

www.prudential.com/mybenefits

PSL Benefits Questions:

1-717-502-1868 | benefits@psl.org

For all PSL Benefits and Perks information visit: www.psl.org/benefits
Or you may also scan the QR code.

